



# 2022 – 2024 Implementation Strategy

2021 Community Health Needs Assessment

Date Adopted by Authorized Governing Body of Hospital:

May 11, 2022



**REHABILITATION**  
HOSPITAL OF INDIANA

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## **I. Rehabilitation Hospital of Indiana's Mission**

Rehabilitation Hospital of Indiana provides personalized, compassionate care that enables individuals to regain hope and independence after life-changing injury or illness.

## **II. Purpose of a Hospital's Implementation Strategy**

An Implementation Strategy outlines how a hospital plans to address community health needs and is intended to satisfy the requirements set forth in Internal Revenue Code Section 501(r)(3) regarding Community Health Needs Assessments (CHNA) and Implementation Strategy. The Implementation Strategy process is meant to align the hospital's resources and programs with goals, objectives and indicators for how the hospital plans to address identified health needs in the community.

## **III. Description of Hospital**

RHI is an acute care rehabilitation hospital that provides inpatient and outpatient rehabilitation services. RHI, located in Indianapolis, specializes in brain injury, spinal cord injury, stroke, and comprehensive medical rehabilitation for injuries resulting in loss of function. RHI has 91 licensed beds and is a community collaboration between Indiana University Health (IU Health) and Ascension St. Vincent. Additional information about RHI is available at: <https://www.rhirehab.com/>.

RHI is dedicated to the community it serves. The hospital conducts a CHNA every three years to understand current community health needs and to inform strategies designed to improve community health. The CHNAs are conducted using widely accepted methodologies to identify the significant needs of the community served by the hospital. The assessments also are conducted to comply with federal laws and regulatory requirements that apply to tax-exempt hospitals.

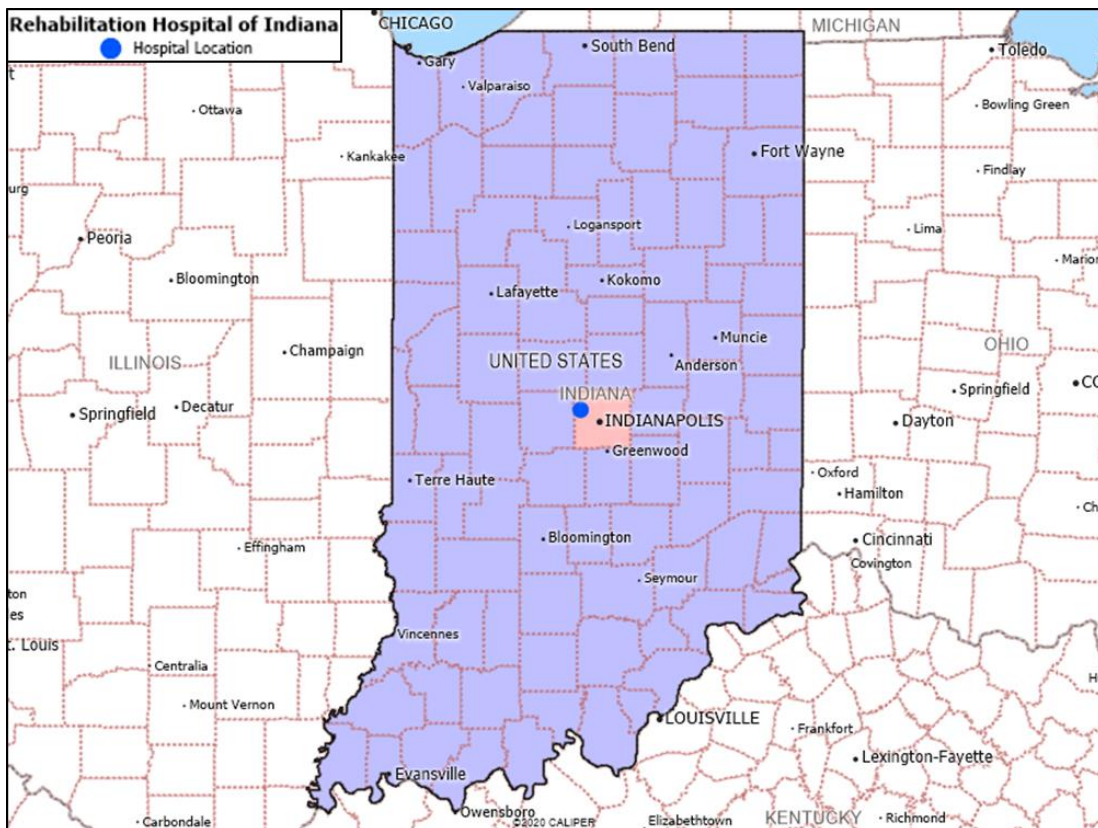
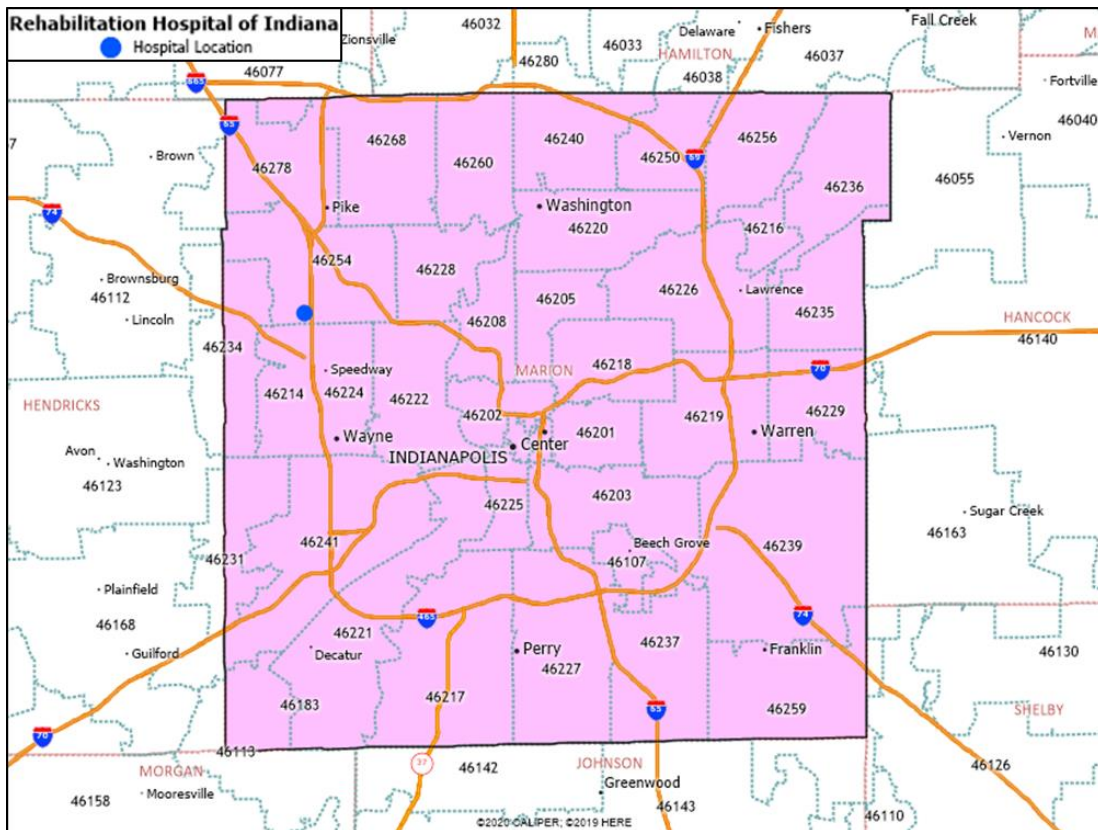
## **IV. Community Definition**

RHI provides a range of services for patients from central Indiana and across the State of Indiana. For purposes of this CHNA, RHI's "local community" is defined as Marion County, Indiana. The total population of Marion County in 2019 was 951,869.

RHI also serves the State of Indiana as a whole. Accordingly, this CHNA also considers relevant community health needs across the entire state. The total population of Indiana in 2019 was 6,665,703.

As permitted by federal regulations, this CHNA also focuses on community health issues relevant to rehabilitation services.

The following maps portray these communities.



Source: Caliper Maptitude, 2021.

## V. Development of Implementation Strategy

This Implementation Strategy was developed Community Benefits Committee of RHI and approved by the Hospital's Governing Body. Each year, senior leadership and the Community Benefits Committee at RHI will review this Implementation Strategy to determine if changes should be made to better address the health needs of the community.

## VI. Community Health Needs Identified in the CHNA

The 2022 – 2024 Implementation Strategy was developed by Rehabilitation Hospital of Indiana in response to the prioritized, community health needs identified through the 2021 Community Health Needs Assessment. The CHNA process was informed by multiple data sources gathered in January through June of 2021. Demographic, health condition, health behavior and social determinants of health data; findings from other community health assessments of the hospital's local community; and input from community stakeholders were analyzed and reviewed to assess the health of the community. When present, health disparities were highlighted across the different data sources.

Identifying *significant* community health needs is an important element of CHNAs. Several data sources were assessed to identify those needs, including:

- Secondary data including demographics, health status, and access to care indicators.
- Findings from other community health assessments of areas served by the hospital and reports published by organizations like the Indiana State Department of Health that include information on injuries, strokes, and other issues that contribute to the need for rehabilitation services.
- Input obtained from individuals who participated in one or more internal hospital meetings.
- Input obtained from one or more key stakeholders who were interviewed.

Significant community health needs in the 2021 CHNA are listed below, in alphabetical order. Those highlighted will be addressed between 2022 - 2024. For more information on the CHNA process, a summary of the significant community health needs, highlights of the multiple data sources that support the health needs and for a copy of the 2021 Rehabilitation Hospital of Indiana CHNA, please visit [[rhi-2021-chna-draft-v31.pdf](#) ([rhirehab.com](#))].

Based on the assessment of the above data sources, the following community health needs have been identified (in alphabetical order) as significant in the community served by RHI. Those highlighted will be addressed by RHI between 2022 and 2024.

COVID-19 Pandemic  
Mental Health Status  
**Obesity and Diabetes**  
Smoking  
**Social Determinants of Health**  
Substance Use Disorder  
Violence and Injuries

**VII. Community Health Needs the Hospital Will Address**

**Obesity and Diabetes**

<b>Goal:</b> <i>Increase Awareness of students in the community of the importance of healthy lifestyle choices</i>	
<b>Initiative:</b> <b>Encourage healthy lifestyles of school-age children</b>	
<b>Strategies:</b> RHI will provide education in surrounding schools on Food, Nutrition and Physical Activity relating to Health and Wellness.	<b>Anticipated Impact</b> ->20% of student participation in education programs
<b>Internal/External Collaborations</b> -RHI Staff and Local School(s)	
<b>Hospital Resources</b> *Budget: \$3,000/year Additional Resources: RHI Staff time and potential equipment or supplies	
Some priority areas connect to one another and may impact one another or work towards the same impact.	

\*The budget for this strategy is an estimate and should be regarded as such.

**Obesity and Diabetes**

<b>Goal:</b> <i>Support healthy lifestyles by promoting access to physical activity for high school students in the community.</i>	
<b>Initiative:</b> <b>Indianapolis Public Schools (IPS) Student Sports Physical Screening</b>	
<b>Strategies:</b> <i>Volunteers will partner with IPS and IU Health to provide free physical screenings of student's vision, height, weight and blood pressure.</i>	<b>Anticipated Impact:</b> <i>-Provide at least 50 free physical screens to IPS students. -Yearly, increase the number of students impacted.</i>
<b>Internal/External Collaborations</b> -RHI Staff -IPS -IU Health	
<b>Hospital Resources</b> *Budget: \$2000/year Additional Resources: Staff time	
Some priority areas connect to one another and may impact one another or work towards the same impact.	

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### Social Determinants of Health

<b>Goal:</b> <i>Impact community food insecurity by providing ready to eat food options to children when school is not in session.</i>	
<b>Initiative:</b> Blessings in Backpacks	
<b>Strategies:</b> <i>Collaboration with local schools to fight food insecurity by providing healthy, ready to eat food for students over extended school breaks.</i>	<b>Anticipated Impact:</b> <i>Anticipate over 100 students impacted in first year, with goal of increasing number of students benefiting annually.</i>
<b>Internal/External Collaborations</b> -RHI staff -Local schools	
<b>Hospital Resources</b> *Budget: \$2,000/year Additional Resources: Staff time, backpacks, ready to eat items for backpacks	
Some priority areas connect to one another and may impact one another or work towards the same impact. This initiative will also address the community need <b><u>Obesity and Diabetes</u></b> .	

\*The budget for this strategy is an estimate and should be regarded as such.

### Social Determinants of Health

<b>Goal:</b> <i>Increase the health and well-being of the community by addressing the impact of social, economic, physical, and/or environmental factors on health.</i>	
<b>Initiative:</b> Volunteer Reading Program	
<b>Strategies:</b> <i>Volunteers commit to assisting students and teachers with reading, journaling, and other lesson planning activities.</i>	<b>Anticipated Impact:</b> <i>Increase the number of students benefitting from the program annually.</i>
<b>Internal/External Collaborations</b> -RHI Staff -Local schools	
<b>Hospital Resources</b> *Budget: \$4000/year Additional Resources: Staff time	
Some priority areas connect to one another and may impact one another or work towards the same impact.	

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### Social Determinants of Health

<b>Goal:</b> <i>Increase the health and well-being of the community by addressing the impact of social, economic, physical, and/or environmental factors on health.</i>	
<b>Initiative:</b> Junior Achievement (JA) JobSpark Career Expo	
<b>Strategies:</b> <i>Support the two-day career expo with efforts to include sharing education, expertise, and job specific activities related to careers in rehabilitation.</i>	<b>Anticipated Impact:</b> <i>Increase the impact to greater than 2,000 children annually.</i>
<b>Internal/External Collaborations</b> -RHI Staff -JA	
<b>Hospital Resources</b> *Budget: \$3,000/year Additional Resources: Staff time, Cash donation/sponsorship	
Some priority areas connect to one another and may impact one another or work towards the same impact.	

\*The budget for this strategy is an estimate and should be regarded as such.

### Social Determinants of Health

<b>Goal:</b> <i>Increase the health and well-being of the community by addressing the impact of social, economic, physical, and/or environmental factors on health.</i>	
<b>Initiative:</b> Habitat for Humanity Day Build	
<b>Strategies:</b> <i>Sponsor and support a Habitat Day Build to support housing stability concerns in Marion County.</i>	<b>Anticipated Impact:</b> <i>Efforts will allow a family to own their first Habitat home. In addition to stable housing, research shows homeownerships lead to additional benefits including improved mental health, decreased reliance on social services, and improved academic achievement of children.</i>
<b>Internal/External Collaborations</b> -RHI Staff -Greater Indy Habitat for Humanity	
<b>Hospital Resources</b> *Budget: \$10,000/year Additional Resources: Staff time, Cash donation/sponsorship	
Some priority areas connect to one another and may impact one another or work towards the same impact.	

\*The budget for this strategy is an estimate and should be regarded as such.



## VIII. Community Health Needs Hospital Will Not Address

RHI is unable to address all of the significant health needs identified in the local community. This is not meant to minimize the importance of any health need or the integrity of the community health needs assessment (CHNA) process. RHI is a mission and values driven hospital; therefore, addressing significant community health needs that align with the hospital's mission will have the greatest opportunity to activate and leverage hospital resources as well as maximize current strategic collaborations with community-based partners. RHI is unable to address the following community health needs identified in the 2021 Community Health Needs Assessment.

### **Covid-19 Pandemic**

RHI has constraints in the necessary resources to effectively address this need. Other community hospitals and organizations including IU Health and Ascension St. Vincent are currently addressing this need with COVID testing and vaccination clinics.

### **Mental Health Status**

RHI has constraints in the necessary resources to effectively address this need.

### **Smoking**

RHI is unable to address the high smoking rates in Marion County and Indiana as a whole. Other community organizations are currently addressing this need. Additionally, there are resource constraints and a lack of expertise to effectively address the need.

### **Substance Use Disorders**

RHI is unable to address this need. Other community organizations are currently addressing this need. Additionally, there are resource constraints and a lack of expertise to effectively address the need.

### **Violence and Injuries**

RHI does not have the expertise and resources to impact violence and crime rates in Marion County. Additionally, this need is being addressed by others including Indiana Coalition Against Domestic Violence.

